BARINGS

INSURANCE SOLUTIONS

Navigating the Future: Key Investment Shifts in Life Insurance in 2024

INSIGHTS



Ken Griffin, CFA, ASA, MAAAHead of Insurance Solutions





In 2024, the life insurance industry continued to evolve, driven by strategic shifts in asset allocations and investment strategies. As insurers navigate a complex economic landscape, they are increasingly focusing on enhancing yield potential while managing risk.

Insurance companies have released their statutory filings for year-end 2024. The data reveals significant trends in credit quality, bond allocations, and mortgage investments, reflecting the industry's adaptive approach to achieving sustainable growth and financial stability. The following themes highlight the key areas of focus for life insurers as they strive to optimize their portfolios and meet policyholder needs.

1. Stability in Credit Quality

Bond allocations to the investment grade (IG) NAIC 1 & 2 classes (BBB- and higher) have continued to increase to 95.2% (Figure 1). Conversely, high yield (HY) allocations have continued to decline to 4.8%, reflecting the industry's cautious approach to maintaining high credit quality amid economic uncertainties—as well as the benign ratings downgrade environment. Insurers are prioritizing investments in higher-rated securities to ensure portfolio resilience and mitigate potential risks associated with lower credit quality bonds. This trend underscores the industry's commitment to safeguarding policyholder interests and maintaining financial strength.

Industry Historical Portfolio Allocation 100% of Total Bonds 60% 40% 20% 0% NAIC 1 NAIC 2 NAIC 3 NAIC 4 NAIC 5 NAIC 6 Total IG Total HY 2020 56.8% 36.6% 4.0% 1.6% 0.5% 0.1% 93.3% 6.2% 2021 56.7% 37.4% 3.8% 1.5% 0.4% 0.2% 94.1% 5.9% 57.4% 37.2% 3.5% 1.4% 0.5% 0.1% 94.6% 5.4% 2023 59.1% 35.9% 3.1% 1.4% 0.5% 0.1% 94.9% 5.1% 2024 59.1% 36.0% 3.0% 1.3% 0.5% 0.1% 95.2% 4.8%

Figure 1: Insurers Continue to Prioritize Higher Ratings

Source: S&P Global. As of December 31, 2024.



2. Increasing Private Bond Allocations, Decreasing Public

Private bond allocations increased rapidly by 1.1% in 2024, driven primarily by growth in non-144a (true private bonds) (Figure 2). This increase indicates a continued strategic shift toward less liquid securities, which offer higher yield potential. Life insurers are increasingly seeking opportunities in private markets to enhance returns, leveraging their ability to manage illiquidity risks. Private bonds offer life insurers the advantage of negotiating terms directly with issuers, allowing for tailored investment strategies that reap better returns. The move away from public bonds also reflects a broader trend of diversifying investment portfolios to achieve better risk-adjusted returns in a low interest rate environment.

Industry Historical Portfolio Allocation 50% 40% % of Cash and Invested Assets 30% 20% 10% 0% Public Bonds 144a Bonds Private Non-144a Bonds **Public Bonds Private Bonds**

144a Bonds

27.3%

28.5%

30.6%

31.5%

31.8%

Figure 2: Ongoing Strategic Shift Toward Less Liquid Markets

Source: S&P Global. As of December 31, 2024. As a percent of Cash and Invested Assets.

42.0%

44.1%

47.6%

47.8%

48.9%

2020

2021

2023

2024

45.8%

43.6%

41.3%

39.3%

38.2%

Non-144a Bonds

14.7%

15.6%

17.0%

16.4%

17.1%



3. Asset Class Changes: Growth in Residential Mortgages, Declines in Public Corporate Bonds

Residential mortgages—non-securitized whole loan mortgages—logged the biggest gain of all asset classes since the start of 2020, with a 1.4% overall allocation increase, representing a whopping 242% increase from five years ago (Figure 3). This significant growth reflects the industry's strategic focus on residential mortgage investments, driven by impressive option-adjusted spreads and diversification to corporate credit risk. ABS had the largest year-over-year increase of 0.6% given strong demand for private ABS. After years of increases, CLO allocations surprisingly slipped a bit by 0.3% from 2023. These increases were largely funded by declines in public corporate bonds and government-backed securities.

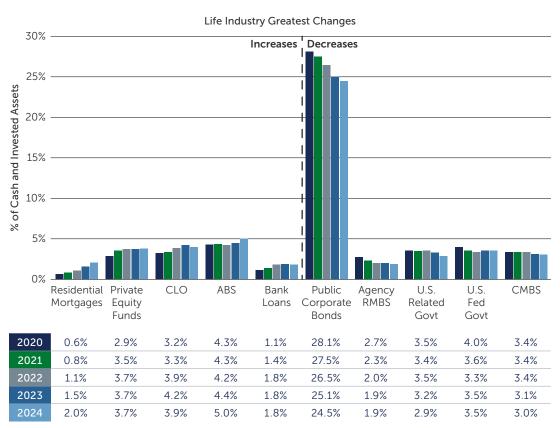


Figure 3: Residential Mortgages Continue to Grow Given Attractive OAS and Diversification

Source: S&P Global. As of December 31, 2024.



4. Rebalancing in Commercial Mortgages

Commercial mortgage allocations declined slightly year-over-year by 0.3%, breaking a three-year increasing trend (Figure 4). Within commercial mortgages, there was a continued reduction to the office sector due to concerns about vacancy rates and valuations. Retail also showed slight declines in allocation. Meanwhile, apartment, multi-family, and industrials increased, continuing a rebalancing trend within the asset class over the last five years. This rebalancing reflects insurers' adaptive strategies to navigate changing market dynamics and capitalize on growth opportunities in sectors with strong demand and favorable economic conditions.

Industry Historical Portfolio Allocation 14% % of Cash and Invested Assets 8% 6% 4% 0% Office Other Apartment Industrial Retail Lodging Mixed Medical Total Use or Health CMLs Family Care 2020 3.3% 3.0% 1.7% 2.1% 0.5% 0.2% 0.1% 0.6% 11.4% 2021 3.5% 2.7% 2.0% 0.4% 0.7% 1.8% 0.2% 0.1% 11.4% 3.8% 0.4% 0.2% 0.1% 0.7% 2.6% 2.0% 1.8% 11.7% 3.9% 2023 2.4% 2.3% 1.8% 0.4% 0.3% 0.1% 0.7% 11.8% 4.0% 0.2% 0.1% 0.7% 2.1% 2.4% 1.6% 0.4% 11.5%

Figure 4: Rebalancing Trend Reflects Changing Market Dynamics

Source: S&P Global. As of December 31, 2024.

From a credit perspective, commercial mortgage ratings continued the longer-term trend of reductions in the highest rated CM1 in favor of increases in higher yielding CM2. A noticeable reduction in CM3 offset some of this reach for yield.

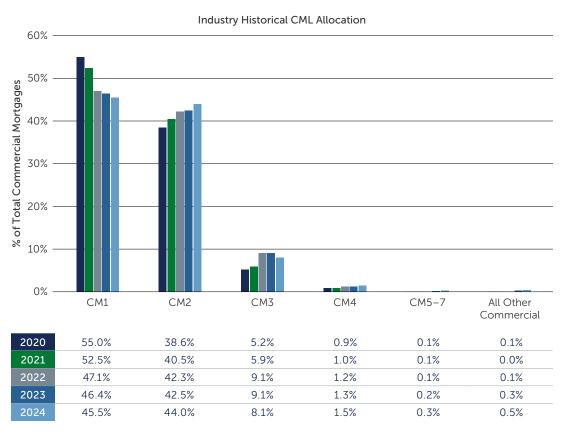


Figure 5: CM2 Allocations Continue to Grow Given Yield Potential

Source: S&P Global. As of December 31, 2024.

Key Takeaway

Overall, life insurers are seeking capital efficiency by allocating toward higher-rated securities unless spread levels compensate for higher capital. 2024 saw continued movement toward less liquid securities, which provide compensation for insurers that can afford the illiquidity risk, allowing for potential yield enhancement while simultaneously derisking from a credit perspective. This strategic approach underscores the industry's resilience and adaptability in managing investment portfolios to achieve sustainable growth and financial stability.

Barings is a \$442+ billion* global asset management firm that partners with institutional, insurance, and intermediary clients, and supports leading businesses with flexible financing solutions. The firm, a subsidiary of MassMutual, seeks to deliver excess returns by leveraging its global scale and capabilities across public and private markets in fixed income, real assets and capital solutions.

IMPORTANT INFORMATION

Any forecasts in this document are based upon Barings opinion of the market at the date of preparation and are subject to change without notice, dependent upon many factors. Any prediction, projection or forecast is not necessarily indicative of the future or likely performance. Investment involves risk. The value of any investments and any income generated may go down as well as up and is not guaranteed by Barings or any other person.

PAST PERFORMANCE IS NOT NECESSARILY INDICATIVE OF FUTURE RESULTS. Any investment results, portfolio compositions and or examples set forth in this document are provided for illustrative purposes only and are not indicative of any future investment results, future portfolio composition or investments. The composition, size of, and risks associated with an investment may differ substantially from any examples set forth in this document. No representation is made that an investment will be profitable or will not incur losses. Where appropriate, changes in the currency exchange rates may affect the value of investments. Prospective investors should read the offering documents, if applicable, for the details and specific risk factors of any Fund/Strategy discussed in this document.

Barings is the brand name for the worldwide asset management and associated businesses of Barings LLC and its global affiliates. Barings Securities LLC, Barings (U.K.) Limited, Barings Global Advisers Limited, Barings Australia Pty Ltd, Barings Japan Limited, Baring Asset Management Limited, Baring International Investment Limited, Baring Fund Managers Limited, Baring International Fund Managers (Ireland) Limited, Baring Asset Management (Asia) Limited, Baring SICE (Taiwan) Limited, Baring Asset Management Switzerland Sarl, Baring Asset Management Korea Limited, and Barings Singapore Pte. Ltd. each are affiliated financial service companies owned by Barings LLC (each, individually, an "Affiliate"). Some Affiliates may act as an introducer or distributor of the products and services of some others and may be paid a fee for doing so.

NO OFFER: The document is for informational purposes only and is not an offer or solicitation for the purchase or sale of any financial instrument or service in any jurisdiction. The material herein was prepared without any consideration of the investment objectives, financial situation or particular needs of anyone who may receive it. This document is not, and must not be treated as, investment advice, an investment recommendation, investment research, or a recommendation about the suitability or appropriateness of any security, commodity, investment, or particular investment strategy, and must not be construed as a projection or prediction.

Unless otherwise mentioned, the views contained in this document are those of Barings. These views are made in good faith in relation to the facts known at the time of preparation and are subject to change without notice. Individual portfolio management teams may hold different views than the views expressed herein and may make different investment decisions for different clients. Parts of this document may be based on information received from sources we believe to be reliable. Although every effort is taken to ensure that the information contained in this document is accurate, Barings makes no representation or warranty, express or implied, regarding the accuracy, completeness or adequacy of the information.

Any service, security, investment or product outlined in this document may not be suitable for a prospective investor or available in their jurisdiction.

Copyright and Trademark

Copyright © 2025 Barings. Information in this document may be used for your own personal use, but may not be altered, reproduced or distributed without Barings' consent.

The BARINGS name and logo design are trademarks of Barings and are registered in U.S. Patent and Trademark Office and in other countries around the world. All rights are reserved.

LEARN MORE AT BARINGS.COM